



DC Metro Academy of Nutrition and Dietetics

 an affiliate of the  
Academy of Nutrition and Dietetics

May 2024

## Join the DCMAND Board of Directors!

Looking to get more involved in the nutrition profession this year? Then it is time to join the DCMAND Board of Directors! Open board positions for the 2024-2025 membership year include:

- House of Delegates Representative
- Nominating Committee, 1st Seat
- Consumer Protection Coordinator
- Nutrition Services Payment Specialist
- Strategic Communications Chair
- Social Media Coordinator
- IDEA Leader
- Student Representative
- Member Relations Coordinator
- Sponsorship Chair

If you are interested in filling one of these positions, or if you would like to learn more, please email [nominating@eatrightdc.org](mailto:nominating@eatrightdc.org) today! We look forward to having you join the team!

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## Increase DCMAND Affiliate Rebate By Supporting Membership Recruitment

We are approaching the end of our 2023–2024 membership year and would like to encourage all members to renew their membership by May 31. Also, the Academy has launched a new recruitment program as of April 1.

Our rebate percentage will increase by 10% for each new member who joins the Academy and our affiliate through December 31 for the 2024–2025 membership

year using promo code **DC25**. *Promo codes are entered in the Review step of the online application and are located on the bottom right corner of the print applications.*

More information about member benefits and dues are found at <https://www.eatrightpro.org/member-types-and-benefits>.

Please encourage your colleagues and friends working in nutrition who are not yet members to join and use this promo code. A larger affiliate rebate will enable us to offer more benefits to our DCMAND members!



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## Don't Forget to Renew Your Membership

As a member of the [Academy](#) and [DCMAND](#), you have access to a wide range of benefits and resources that help position you as a leader in the field. As you become acquainted with the Academy, you are encouraged to check out all that membership has to offer, including:

- Complimentary subscription to the *Journal of the Academy of Nutrition and Dietetics*, offering complimentary CPE annually;
- Member preferred pricing on Academy publications through the eatrightSTORE, FNCE registration, and Nutrition Care Manual products;
- 24/7 access to research through the online Evidence Analysis Library; and
- Local opportunities to complete CPE, earn awards, mentor, present your expertise, and network and make friends with other nutrition professionals.

Academy membership provides you with cutting-edge practice information and professional resources at the national level and enables you to maximize the benefits of DCMAND. In the last few years, DCMAND has been able to offer various benefits such as:

- A member discount to earn up to 7 CEUs at the annual meeting;
- Additional events such as a service day, an IDEA workshop, a wine tasting event, a leadership workshop, and museum days;
- Our public policy committee has also worked hard to advocate for the continued strength of our unique licensure here in DC;
- Board roles that promote development of leadership skills and networking; and
- Awards that recognize professional excellence.

We invite you to reach out to [events@eatrightdc.org](mailto:events@eatrightdc.org) to share your ideas for member-focused events and to [nominating@eatrightdc.org](mailto:nominating@eatrightdc.org) to learn more about open DCMAND Board of Directors positions. We also periodically conduct member surveys to solicit feedback from our members. Also, if you have any friends or colleagues who are not yet members but would like to join, please ask them to use promo code **DC25** when they join to boost the rebate that our affiliate receives and enable us to offer even more to our members.

Again, welcome to the leading organization for nutrition and dietetics professionals here to prepare you to practice, advocate, and lead. Please connect with us and learn more about what we have to offer and how you can engage!

Renew Your Membership

## The Role of Nutrition, Medications, and Surgery in Weight Loss

A free webinar on obesity, weight loss, and how GLP-1 agonist drugs fit into a plant-based approach.

Monday,  
May 20,  
2-3 p.m. ET  
1 CEU pending for  
live attendance.



Vanita Rahman, MD



Shannon Gray, RD

Sign up at

[pcrm.org/events/pdrobesity](https://pcrm.org/events/pdrobesity)

Physicians  
Committee  
for Responsible Medicine



The Physicians Committee invites DC area dietitians to attend their [free webinar on May 20 at 2 p.m.](#) This talk, titled "The Role of Nutrition, Medications, and Surgery in Weight Loss," will be given by Vanita Rahman, MD, and registered dietitian Shannon Gray, both of the DC-based Barnard Medical Center. The webinar will cover the roles nutrition, medication, and surgery play in weight loss, as well as practical tips for counseling patients who are on or coming off GLP-1 medications. This webinar is open to all RDs and will have a focus on the value of a plant-based approach for sustainable weight loss in patients on and off weight loss medications. **It is approved by the Commission on Dietetic Registration for 1 continuing professional education unit for dietitians in attendance.** A recording will also be sent out to all registered after the talk.

This webinar is a service of the [Preferred Dietitian Referral network](#), a Physicians Committee-sponsored database of plant-based dietitians. It and other PCRM events, including our annual conference [ICNM](#), provides dietitians with excellent continuing education opportunities and deep dives into topics like the latest research on weight loss drugs.

[Register Here](#)

## DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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