



DC Metro Academy of Nutrition and Dietetics

**eat right.** an affiliate of the  
Academy of Nutrition and Dietetics

## September 2025 Newsletter

**SEPTEMBER  
ACTION  
ALERTS**

Please visit the Academy's Action Alert webpage to raise awareness for important policy issues impacting our profession!

**Action Alert 1**  
Protecting SNAP-ed Funding

**Action Alert 2**  
Supporting the Treat and Reduce Obesity Act

**?**  
For more information,  
please email  
[delegate@eatrightdc.org](mailto:delegate@eatrightdc.org)

### Action Alert 1: [Protect SNAP-Ed Funding](#)

On July 4, 2025, funding for the Nutrition Education and Obesity Prevention Grant Program (SNAP-Ed) was eliminated, despite decades of proven impact supporting families, farmers, and communities. Congress will soon decide FY 2026 appropriations, and we must urge lawmakers to restore funding. We urge you to take action through the Academy's Action Center and share how SNAP-Ed has made a difference in your work or community.

## **Action Alert 2: [Support the Treat and Reduce Obesity Act](#)**

The bipartisan Treat and Reduce Obesity Act (TROA, S.1973/H.R.4321) has been reintroduced in the 119th Congress. This bill would expand Medicare Part B to allow registered dietitian nutritionists (RDNs) to independently provide intensive behavioral therapy (IBT) for obesity and would add coverage for anti-obesity medications under Part D. Urge your Senators and Representatives to support TROA today through the Academy's Action Center—your advocacy can help expand access to comprehensive, evidence-based obesity care.

For any additional questions or concerns regarding the current Action Alerts, please reach out to the DCMAND delegate, Audie Spear, at [delegate@eatrightdc.org](mailto:delegate@eatrightdc.org).

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## **Dietitian Licensure Compact?**

We have exciting news to share concerning licensure! This year, with guidance from the Academy's policy team, the DCMAND board plans to introduce legislation to the DC Council to request that we join the RDN Licensure Compact.

### **What is the Dietitian Licensure Compact?**

The Dietitian Licensure Compact is an interstate occupational licensure compact. Interstate Compacts are constitutionally authorized, legally binding, legislatively enacted contracts among states. The Dietitian Licensure Compact seeks to provide licensees with opportunities for multistate practice. This can increase mobility for individuals who are relocating, improve public safety, and promote workforce development by reducing unnecessary licensure burdens.

As of today, 15 states have joined the compact, and DC hopes to do the same! Do you have any questions or suggestions? Email Nicole, our public policy coordinator, at [policy@eatrightdc.org](mailto:policy@eatrightdc.org). We will keep members updated as we move forward with this initiative, including opportunities for DCMAND members to get involved.

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DCMAND is excited to collaborate with Maryland and Delaware for a casual networking reception! We will have light fare from CAVA with vegan and allergen friendly options. Sparkling and still water will be provided, and this is a Bring Your Own Beverage event. There is a "Topsy Scoop" on site in the building, hours online until 9p. [Topsy Scoop Boozy Ice Cream](#)

Date & Time: Sunday, October 12, 2025 | 5:00–7:00 PM (doors open at 4:30 PM)

Location: Sentral SoBro Sky Lounge, 516 Lea Ave, Nashville TN 37203

Please RSVP [here](#), and we are asking for \$10 per attendee to help offset the cost of food & event space.

We hope to see you there!

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## MEET THE MAKERS

### FOOD FESTIVAL

Sunday, October 19th

2 PM - 6 PM

Union Kitchen Eckington

1625 Eckington Place Northeast

Washington, DC 20002

**SEE YOU THERE!**

## Come meet other RDs at the upcoming FARE RD Networking Event!

Join your fellow DCMAND members at Meet the Makers on Sunday, October 19! Registration to this event includes access to 150+ free samples from your favorite food and beverage, vendors; shop your favorite local businesses and more! Please head to this [link](#) to register and use the discount code **eatrightdc** for \$20 off!

## Food Allergy October FARE

This event will be on October 30th from 5-7pm at the Ronald Reagan Building and International Trade Center. Please register at <https://forms.foodallergy.org/251474048778165>. Hope to see you there!



**FARE will be hosting a  
Registered Dietitian  
Networking Event**

**to bring together RD/RDNs from the DC Metro Area, including Maryland and Virginia!**

A great opportunity to meet other dietitians in the area, healthcare professionals working with the food allergy community and more!

**Where:** Ronald Reagan Building and International Trade Center, Washington D.C.

**When:** October 30th, 5-7PM

[Register](#) now to secure your spot.

 **FARE**  
It's good for everyone.

[foodallergy.org](https://foodallergy.org)

## Caffeine and Connect Recap





In August 2025, members met for a social event in Washington, DC. Attendees connected over coffee at Doubles and learned about opportunities to volunteer on the DCMAND Board of Directors. It was fun to hear about everyone’s summer trips and what everyone is looking forward to this fall.

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## DC Metro Academy of Nutrition and Dietetics

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