



DC Metro Academy of Nutrition and Dietetics

**eat right.** an affiliate of the  
Academy of Nutrition and Dietetics

September 2024

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### DCMAND Member Spotlight



This month's member spotlight is on Emily Arkin. Emily Arkin is a DC-based registered dietitian and owner of the group practice, RD Emily & Team. RD Emily & Team specializes in the treatment of eating disorders and provides weight-inclusive medical nutrition therapy, serving clients across the DMV and North Carolina. Emily

also specializes in gastrointestinal disorders and is co-author of the upcoming textbook, "Comprehensive Nutrition Therapy for Co-Occurring Gastrointestinal & Eating Disorders". She loves working with clients and helping colleagues better understand these complex conditions. You can learn more about her work at [www.rdemily.com](http://www.rdemily.com) and @R.D.Emily.

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### **Register for FNCER®!**

We hope to see you at FNCER® this year! You can view available hotels and discounts for flights on the [Academy's website](#). For any attendees who will go with colleagues from the same organization, you can register at a 10% discounted price if the five of you register together.

Those who attend may also be interested in visiting the free Health and Fitness Expo happening right next door in Saint Paul, occurring in conjunction with the [Twin Cities Marathon](#), while you're there.

[Register for FNCE®](#)

The poster features a white central text box on a background of abstract, colorful shapes in shades of blue, red, and teal. The text is arranged in a clear hierarchy, starting with a call to action, followed by the event title, date, location, and RSVP link. It also lists participating states and provides details about refreshments and the main conference.

**RSVP TODAY!**  
**Affiliate Joint Reception**

October 6th, 5pm – 7pm  
Hyatt Regency: Regency Room

RSVP: [tinyurl.com/2024AffiliateReception](https://tinyurl.com/2024AffiliateReception)

**For members of:**

- Arizona
- Connecticut
- DC
- Kentucky
- Maine
- Missouri
- Tennessee

*Light refreshment provided*  
*Cash bar available*

get right Academy of Nutrition and Dietetics  
**FNCE 2024**  
Food & Nutrition Conference & Expo  
Minneapolis, MN | October 5-8

Headed to FNCE? Register for a joint affiliate reception hosted on 10/6 from 5–7 PM at the Hyatt Regence. More details and registration can be found below!

[Register for the Joint Reception](#)

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The poster features a background illustration of a diverse group of people in professional attire. On the left, a white box with a blue border contains event details. The right side has a dark blue background with white and light blue text. At the bottom, there is a white box with purple text and a black bar with logos and a hashtag.

**When?**  
Monday, Oct. 7th  
5-7PM Local Time

**Where?**  
Minneapolis Convention Center, Room 205D

**Who?**  
DC, Maryland, Delaware & Pennsylvania

# FNCE Minneapolis Affiliate Reception

## You are invited!

Celebrate with us at FNCE!

**Special Guest:** Academy President Livleen Gill

Light Fare, including vegan, vegetarian and gluten free food included. Cash bar available.

MEET ME IN THE TWIN CITIES

\*RSVP by 12noon EST 9/27/24 via [link](#)

 Academy of Nutrition and Dietetics 

### **FNCE Affiliate Reception: Eastern Regional MD, PA, DE, DC**

Join us for networking, food and fun!

**Date:** Monday, October 7, 2024 Time: 5:00-7:00 PM

**Location:** Minneapolis Convention Center Room: 205D

**Special Guest, Academy President:**

Livleen Gill, MBA, RDN, LDN, FAND

Light Fare including vegan, vegetarian and gluten free options are included, and there will also be a cash bar.

\*RSVP Required, please sign up with this [form](#) by 12 noon EST 9/27/2024

[RSVP](#)

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### **Academy Elections**

The Academy is seeking dynamic and visionary leaders who are ready to make a meaningful impact and be a part of this exciting journey towards a bright future for our Academy. Nominations open until **October 21, 2024**. Self-nominations are encouraged!

Learn more about the [responsibilities and qualifications](#) for each role, then submit your nominations [online](#) or [via email](#). Every nomination counts towards shaping the future of our Academy!

[Learn More](#)

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## Member Ideas and Feedback

Do you have an idea for a new initiative or event led by DCMAND? Do you want to provide feedback on a recent event? Or do you want to learn more about ways to get involved? We want to ensure members are heard and engaged, so we'll do our best to consider your input and will follow up with you, if requested. Fill out this [brief form](#) to provide your ideas or feedback for the board. Thank you!

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**RSVP TODAY**  
Free Entry

Thursday  
September 26, 2024

6:00 - 9:00 PM

The Admiral, 1 Dupont Circle NW

[bit.ly/EarlyCareerMixer](https://bit.ly/EarlyCareerMixer)  
202-466-1800

**RSVP HERE**



*D.C.*

### EARLY CAREER PROFESSIONALS MIXER

Join us for an interdisciplinary early career professional networking event for physicians, lawyers, dentists, dietitians, nutritionists, veterinarians, physician assistants, and other emerging experts.

**HOSTED BY**



Medical Society of the District of Columbia  
DC BAR Communities  
DC Metro Academy of Nutrition and Dietetics  
District of Columbia DENTAL SOCIETY

## Networking Event

Join us for an interdisciplinary networking event for early career professionals September 26, 2024 at The Admiral (1 Dupont Circle NW, Washington, DC) from 6:00 - 9:00 PM ET. This unique event brings together a diverse group of physicians, lawyers, dentists, dietitians, veterinarians, and other emerging experts. [Register here.](#)

**Expand Your Network:** Meet and mingle with other highly educated professionals who share your passion for excellence.

**You Deserve a Break:** Take a break from working late and enjoy time off with other ambitious young professionals.

**Collaborative Opportunities:** Discover potential collaborations and referrals that can elevate your career and broaden your professional horizons.

This event is being hosted by:

- Medical Society of DC
- Early Career Lawyers Community of the DC Bar
- DC Academy of Physician Assistants
- DC Metro Academy of Nutrition and Dietetics
- District of Columbia Dental Society
- DC Veterinary Medical Society

[Register Here](#)

### **DC Metro Academy of Nutrition and Dietetics**

Director@eatrightdc.org

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