



DC Metro Academy of Nutrition and Dietetics

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Academy of Nutrition and Dietetics

DCMAND November 2025 Newsletter

Get Involved on the DCMAND Board!



The DCMAND Nominating Committee is seeking members who are interested in learning more about open positions for the 2026-2027 Board of Directors (BoD) elections and invite you to [complete our interest form](#)! BoD service helps develop new skill sets, grows your professional network, and allows you to contribute to the conversations of DC area dietetic professionals.

Please contact nominating@eatright.org with any questions.



Submit Nominations for DCMAND Awards!

Deadline February 18, 2026

Ann Litt Graduate Student Award

Cindy Reeser Undergraduate DPD/Dietetic Intern Award

Emerging Dietetic Leader

Outstanding Dietetics Student Awards

Recognized Young Dietitian of the Year

Outstanding Dietitian of the Year

Outstanding Preceptor of the Year

Recognized Dietetic Technician of the Year



Questions? Email nominating@eatrightdc.org



Calling All Future Nutrition Leaders!

Serve as a Student Liaison with the DC Metropolitan Academy of Nutrition and Dietetics. We're looking for motivated students to join our Board of Directors as Student Liaisons!

- Act as an ambassador for your college or university
- Be the voice of students on the Board of Directors
- Share student concerns, ideas, and feedback
- Advocate for initiatives that enhance student engagement
- Relay important updates and opportunities back to your peers
- Must be a student member of the Academy of Nutrition and Dietetics



DCMAND
DC Metro Academy of Nutrition and Dietetics

[Student Liaison Application](#)

House of Delegates Update

At the October 23rd House of Delegates meeting, members from the Council on Future Practice (CFP) presented an overview of declining trust as a driver of change to the profession. Delegates engaged in small group discussions on declining trust within the nutrition and dietetics profession and across the broader

public landscape. Delegates emphasized the opportunity for the Academy to lead efforts that build public trust in science and evidence-based nutrition.

The Board will use this feedback to explore innovative strategies in the new Strategic Plan that elevates the Academy's voice and counter misinformation with credibility and connection. These discussions underscored the shared goal of rebuilding trust by leading with empathy, integrity, and expertise. By utilizing Academy resources and updates to align messages, elevate credible voices, and demonstrate the real-world impact of RDNs and NDTRs, we collectively can strengthen our role as the trusted voice in food and nutrition.

If you have any questions or would like to provide feedback, please email the DCMAND Delegate at delegate@eatrightdc.org.

2025 FARE Food Allergy Summit Recap



We were pleased to partner with Food Allergy Research & Education (FARE) to host an interactive networking event for RDNs in the DMV area together with those attending the 2025 FARE Food Allergy Summit at the Ronald Reagan building last month. A big thank you to Tiffany Leon and the rest of the FARE team

for including us in this fun event and to Tessa Nguyen for this great photo and your event facilitation.



Fall Networking Event Update

Dear DCMAND Members,

The Fall Networking event originally scheduled for Saturday, November 15th was postponed until further notice. We will announce updated information once a new date is set.

If you have any questions, feel free to reach out to us at nominating@eatrightdc.org and events@eatrightdc.org.

Sincerely,

-Nominating Committee & Events/Membership Committee

Have an idea for an event? We would love to hear from you! Share your ideas to

DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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