



DC Metro Academy of Nutrition and Dietetics

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Academy of Nutrition and Dietetics

## President's Message

Happy belated RDN Day from the DCMAND board! We were thrilled to receive this proclamation from the DC city government in recognition of the occasion.

Thank you to our board members for their leadership and commitment to advancing our profession and to all of you, our members, for your hard work and dedication to promoting better health and nutrition both locally and nationally.



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# DCMAND 2025 Annual Meeting - Registration Now Open!

Please join us in Van Metre Hall at George Mason University for the [DCMAND Annual Conference](#) on Friday, May 9th 2025. This is the best opportunity of the year to meet and connect with your fellow local nutrition professionals and learn more about topics impacting the Washington, DC area, including food security and childhood nutrition. More details to come, including registration information and the full list of speakers and topics.

Register Now!

Conference followed by a member social event.

Interested in exhibiting at the conference? Please see the [DCMAND Sponsorship Prospectus](#).

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## Submit Your Student Abstracts for the 2025 DCMAND Annual Meeting!

Calling all undergraduate students, graduate students, and dietetic interns: The District of Columbia Metro Academy of Nutrition and Dietetics (DCMAND) invites you to showcase your work at the **Student Poster Session** during our **2025 Annual Meeting on Friday, May 9, 2025**.

### Abstract Submission Information

- **Deadline:** March 21, 2025 by 11:59 p.m. (EST)
- **Poster Categories:**
  1. Research
  2. Case Study
  3. Project/Programs

Whether you've conducted original research, developed a compelling case study, or spearheaded an innovative project or program, we want to see the valuable contributions you're making to our field. Posters will be displayed at the

Annual Meeting, offering an excellent opportunity to share your work and network with fellow students and professionals.

### How to Submit

- Prepare your abstract following the 2025 DCMAND Poster Session Guidelines.
- Submit by **March 21, 2025, 11:59 p.m. EST** to be considered for review.

For questions about the submission process or poster requirements, please email us at [student@eatrightdc.org](mailto:student@eatrightdc.org). We look forward to reviewing your submissions and celebrating the achievements of our future nutrition leaders at the 2025 Annual Meeting!

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**SAVE THE DATE**

**APRIL 13, 2025**

Walking Journal Club Event

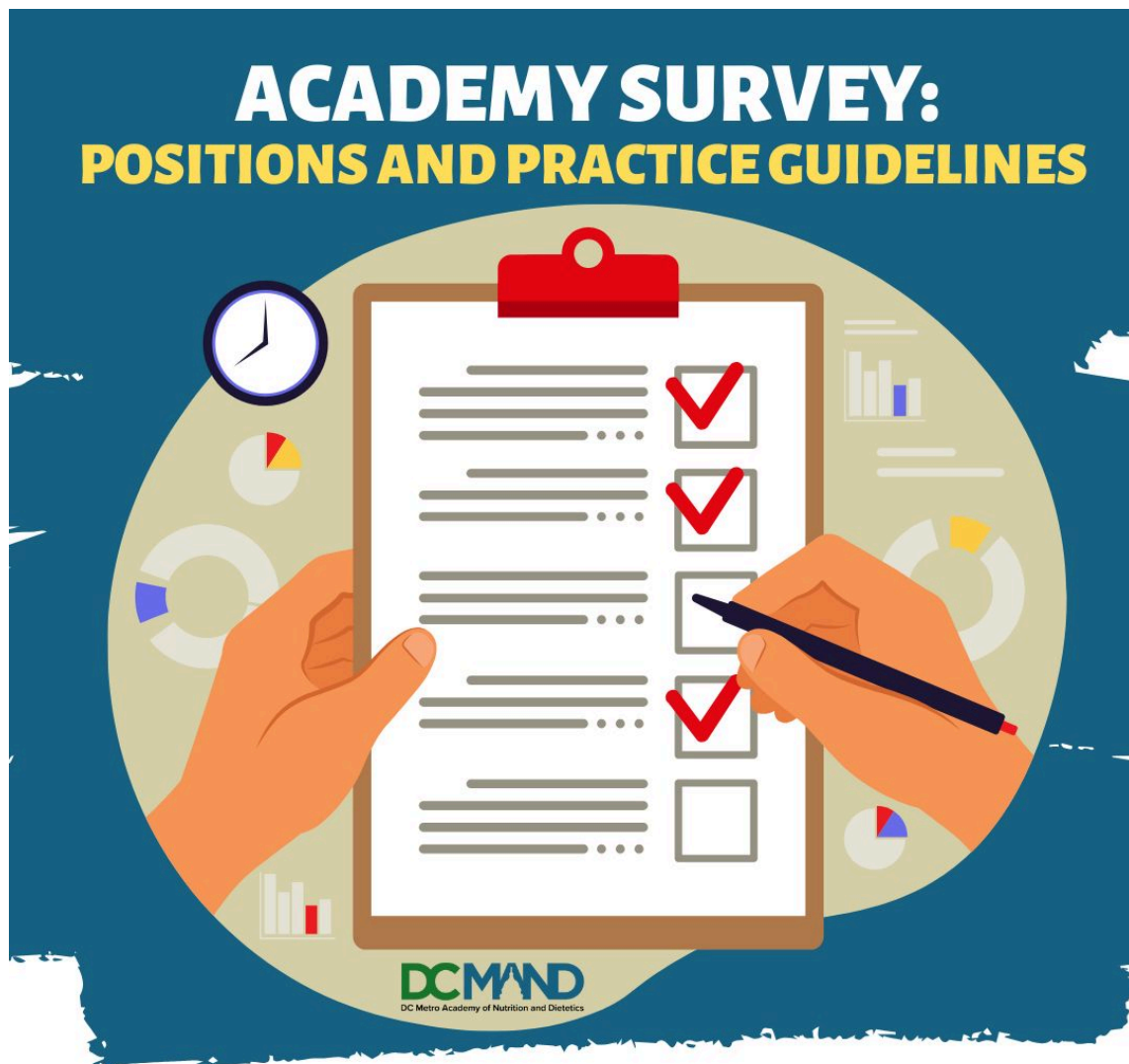
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# Save the Date: Walking Journal Club

## - April 13, 2025

Join us April 13 at the U.S. National Arboretum for a walking journal club! Network with DCMAND members and participate in a journal club while getting some fresh air and movement. Stay tuned for more details!

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**PARTICIPATION DEADLINE - MARCH 17, 2025**

**Member Feedback Needed on  
Academy Positions and Practice  
Guidelines**

The Academy's House of Delegates is seeking valuable insights from practitioners, students, educators and members to better understand how evidence-based nutrition practice guidelines, position papers and consensus statements are used in real-world settings and how we can ensure that these resources remain relevant, practical and effective for all who rely on them.

We are asking for all DCMAND members to complete a short 2-minute survey by March 17, 2025 to play a key role in shaping the future of evidence-based dietetics by helping to guide the development of critical tools and references for dietetics professionals while also supporting the provision of high-quality nutrition care.

Thank you for your time and insight!

[Complete Survey Here](#)

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## **Food & Friends on March 1st - Recap**

To celebrate National Nutrition Month, members volunteered for a service day at Food & Friends on March 1st in Washington, D.C. We worked together to package over 100 medically tailored meals for clients across the city. A special thanks to Christian, Holly, and Katrina at Food & Friends for making this positive opportunity possible for our group.



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## Apothecary Museum Event Recap

Earlier this year, members met for a social event on January 26th in Alexandria, VA. Attendees connected over coffee at Tatte Bakery & Cafe followed by a guided tour at the Stabler-Leadbeater Apothecary Museum. Special thanks to our tour guide Jeff for sharing about the building's history, collection of herbal botanicals, medical equipment, and archival materials with us.

Have an idea for an event? We would love to hear from you! Share your ideas to [events@eatrightdc.org](mailto:events@eatrightdc.org).



## DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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