



Eat Right DC

DC Metro Academy of Nutrition and Dietetics
Nutrition Experts in the Nation's Capital

President's Message



It is hard to believe that we have come to the end of another membership year and that my year as President is over. It has been a pleasure leading the Board of Directors this year for DCMAND. I would like to thank all of our wonderful volunteers for their time and dedication.

There was no greater way to end this year than with our in-person 2022 Annual Conference. I had no idea how much I was missing getting together with my colleagues. Thank you to our outgoing Professional Development Committee Chair, Emily Arkin, her committee, and our entire board for their hard work in bringing the conference back to face-to-face. I would also like to thank our wonderful sponsors and presenters, as well as the staff at the District Architecture Center. Finally, a thank you to our Executive Director, Sarah Gallant, for all of her help and support.

I am now turning things over to your new President, Jared Meacham, and I look

see below, so please reach out to learn more about them. Also, be sure to renew your Academy membership by the end of this month.

May your summer months be safe, healthy, restful, and enjoyable. Thank you for being part of DCMAND and your service to the profession.

All the best,

Kathleen Pellechia, MS, RDN, PMP
2021-2022 DCMAND President

Candidate Petition

This petition is being provided to all members in order to confirm an uncontested candidate (Elizabeth “Annie” McLemore, MS, RDN, LDN) for the President-Elect position on DCMAND's 2022-2023 Board of Directors.

Please submit your input on the petition by **Tuesday, June 28, 2022**, using the button below.

[View Petition](#)

White House Conference

The Academy is working with Affiliates and DPGs to gather input to influence the White House Conference on Hunger, Nutrition and Health.

To learn more about the White House Conference and to read background material, you may access resources [here](#). Five pillars have been set for the conference:

1. Improve food access and affordability;
2. Integrate nutrition and health;
3. Empower all consumers to make and have access to healthy choices;
4. Support physical activity for all; and
5. Enhance nutrition and food security research.

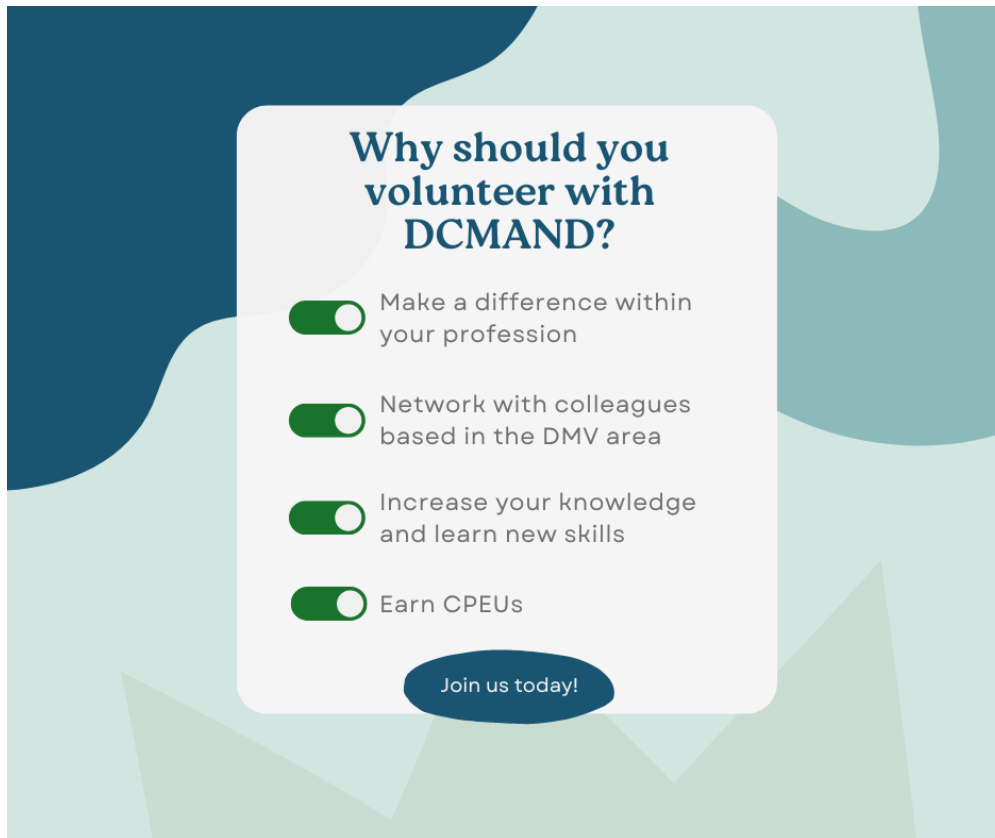
Considering these pillars, please provide your input on the following two questions:

Health or other suggestions for the event?

- What policy recommendations do you hope will be advanced through this conference?

Please submit your input directly to the Academy by filling out [this brief survey](#) before **Tuesday, June 28, 2022**.

Volunteer with DCMAND



DCMAND has the following positions available on its Board of Directors. Please contact director@eatrightdc.org if you are interested in learning more about the positions. We would love to have you on the board!

Elected, Voting

- Treasurer-Elect
- Chair, Nominating Committee

Elected, Non-Voting

- Member, Second Seat, Professional Development Committee
- Member, Second Seat, Nominating Committee

- [Public Policy Coordinator](#)
- [Regulatory Specialist](#)
- [Consumer Protection Coordinator](#)
- [Nutrition Services Payment Specialist](#)
- [Social Media Coordinator](#)
- [Sponsorship Chair](#)

2022 Awards

DC Metro Academy of Nutrition and Dietetics

2022 Awards

Congratulations to the recipients of this year's DCMAND Awards!



Magan Ester
Outstanding Dietetics Student
Dietetic Internship

Kimberly Gardner
Outstanding Dietetics Student
Coordinated Program in Dietetics



Job Board



Did You Know

**DCMAND is now accepting
submissions for its new job board!**

[Post a Job](#)

[Free Webinar](#)



Closing the Gap Between Health & Gen Z

June 15 | 12-1:15 pm

When it comes to their health, Gen Z is all about balance. Attendees will learn about the latest science as it relates to immunity, calm, sustained energy, and digestive health and how to best communicate these messages.

[Register Today](#)



The American Dairy Association North East would like to invite DCMAND members to attend an upcoming FREE health professional webinar titled, “Closing the Gap Between Health and Gen Z.”

The webinar is scheduled for Wednesday, June 15, 2022, from 12:00-1:15 PM ET and 1.0 CPEU is being offered with attendance.

[Register Now](#)

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