

DCMAND July 2022 Newsletter

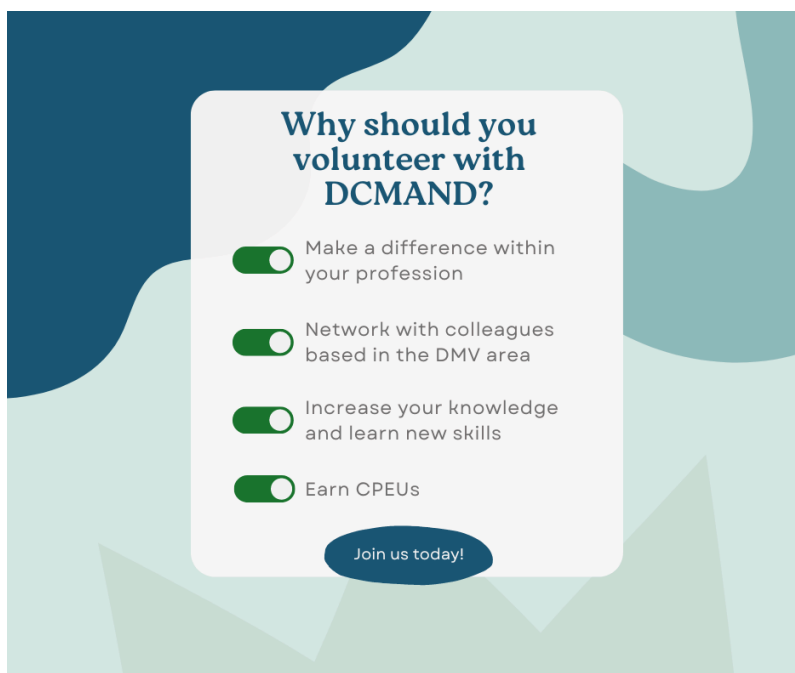
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President's Message

Greetings DCMAND Members,

Summer 2022 is upon us and with that comes the opportunity for outdoor adventure, travel, and quality time (including amazing food) with family and friends. This time of year also brings a new leadership profile to the DCMAND board of directors! And, as the members of your board of directors work to get organized and up-to-speed on the various aspects of the roles we have assumed, I continue to encourage all DCMAND members to consider joining us in this effort. This year is guaranteed to see increased member engagement and new opportunities for collaboration, learning, and fun. The board is excited to share these experiences with you! There are still a couple of leadership opportunities available and we are eager to connect with willing members who are looking to diversify their experiences by undertaking a leading role as part of this amazing team.



Why should you volunteer with DCMAND?

- Make a difference within your profession
- Network with colleagues based in the DMV area
- Increase your knowledge and learn new skills
- Earn CPEUs

[Join us today!](#)

- Chair - Nominating Committee
- 2nd Seat – Professional Development Committee
- 2nd Seat – Nominating Committee
- Social Media Coordinator

To learn more about the specifics of these roles, please connect with me directly at president@eatrightdc.org or, if these do not interest you but you still have a desire to contribute, I invite you to reach out so that we can work together to create the right opportunity for you. Here's to a great new year at DCMAND!

Kind regards,

Jared Meacham
DCMAND President

AUGUST MEMBER EVENT



District Winery Tour & Tasting

Saturday, August 27th 2022 @ 3pm - 4pm

Tickets: \$35 per person

From District Winery:

"Learn about urban winemaking! From how we source our grapes to blending and bottling – our knowledgeable tour guides will fill you in on the entire process. You'll also learn about our humble beginnings in Brooklyn and how we made our way to DC. Each tour includes a seated tasting of five District Winery wines."

The tour will take place at District Winery, 385 Water Street SE, Washington, DC 20003.

you with more information: <https://forms.gle/NnVfjA3oTeUKRXgW7>

Spots are very limited, so reserve your spot soon!

Please email any questions at membership@eatrightdc.org.

Register

5th Annual Culinary Nutrition Conference (August 20-21, 2022) ***brought to you by the Culinary Nutrition Collaborative***

Spend 2 days participating in virtual hands-on cooking workshops and lectures given by chefs and culinary nutritionists. Our expert speakers will be covering a wide range of topics so whether you have a job in clinical, private practice, academia, media, or culinary nutrition, there will be something new and exciting to learn that you will be able to apply to your daily work.

All sessions will be held LIVE on Zoom and will be recorded for those that are not able to join for some or all of the actual event. (Registrants will have access to the recording for 6 months.) Recipes for the cooking demos will be shared in advance for those who want to cook along and there will be lots of goodies and prizes to win for those that register!

*** The live and recorded conference is pre-approved for 8 CEUs by the Commission on Dietetic Registration. ***

2022 AGENDA:

Saturday, August 20th (12:00pm-5:30pm ET)

- Nourishing the Next Generation: Teaching Kids to Cook with Katie Morford, RD
- Keeping It 'Reel': Video Content for Nutrition Entrepreneurs with Cara Harbstreet, MS, RD, LD
- Extra Virgin Olive Oil: The Truth in Your Kitchen with David Neuman

Sunday, August 21st (12:00pm-5:00pm ET)

- Culinary Nutrition in Action with panelists Kathy Chraghchian, RDN, Leslie Edmunds, MPH, RDN, CDE, CLT, and Cindy Kleckner RDN, LD, FAND
- Everyday Low Glycemic Desserts with Mary Ellen Phipps, MPH, RD, LD

EARLY BIRD Ticket: \$69

STUDENT Ticket: \$49 (*with proof of student ID)

Early bird tickets are available only until July 24th, price goes up to \$109 after.

For discounted group tickets (for 10 or more registrants), please contact us directly at info@culinarynutritioncollaborative.com

[REGISTER](#) and learn more about our [speakers here](#).

Follow us on Instagram for updates and sneak peeks of the sessions at [@culinarynutritioncollab](https://www.instagram.com/culinarynutritioncollab)

Register & Learn More

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