

## DCMAND Service Day - March 1, 2025



Consider joining DCMAND for our service-oriented March Member Event. We will work together to prepare and package medically tailored meals in the Food & Friends kitchen for clients across the city.

We will meet at Food & Friends (219 Riggs Rd NE Washington, DC 20011) on Saturday, March 1, 2025, at 9 a.m. and volunteer until 12 p.m.

RSVP by February 21st at events@eatrightdc.org. The event is limited to the first 8 registrants. Once we have reached capacity, members who sign up after will be waitlisted.



## 2025-26 JOIN THE BOA

"CONNECT WITH AREA DIETITIANS" "DEVELOP LEADERSHIP SKILLS" "IMPACT THE PROFESSION" "COLLABORATE"

QUESTIONS?



HTTPS://EATRIGHTDC.ORG/GET-INVOLVED/



🔁 NOMINATING@EATRIGHTDC.ORG

Looking to develop new skill sets, develop leadership skills, and make a lasting impact on the profession? Join DCMAND! 2025-2026 elections are approaching, and the DCMAND Nominating Committee is seeking candidates for positions on the Board of Directors. No extensive experience is required, just enthusiasm and commitment to the profession. You'll receive guidance and support from fellow members. Learn more at the virtual "Meet the Board" on Wednesday, March **5th at 7pm** (please note we moved this for better attendance).



Each year DCMAND recognizes many esteemed members through our awards program. Members can either nominate themselves or someone else to receive an award. Detailed information for each award is available <a href="here">here</a>. Nominations for DCMAND awards are open now through Thursday, March 13th! If you have any questions about awards, please email <a href="mailto:nominating\_2@eatrightdc.org">nominating\_2@eatrightdc.org</a>

## Mid-Atlantic Grain Fair Event

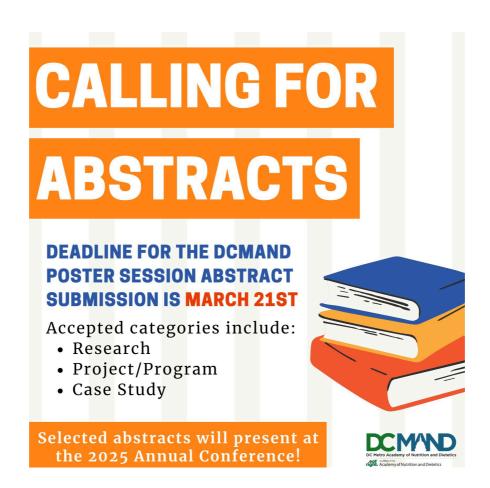
Members are invited to join us to attend the Mid-Atlantic Grain Fair on Sunday, March 16th, at Wheatland Spring Farm + Brewery. This free, family-friendly event will celebrate the region's vibrant history of local grain growing and processing.

There will be a vendor market, live music, and another great lineup of free cooking classes and tours. This event will be a great opportunity for building community and networking among DCMAND members as well as learning more about how you can support the local grain economy in your work and make pertinent recommendations to your patients and clients. The fair is organized by past DCMAND sponsor Common Grain Alliance, which supports farmers, millers, bakers, and grain artisans in building a more integrated, equitable, and regenerative grain economy in the Mid-Atlantic region.

### **Sunday, March 16, 2025**

11:00 - 4:00 PM (Note: Precise meeting and time to be determine based on attendees' interest)
Wheatland Spring Farm + Brewery
38506 John Wolford Rd
Waterford, VA 20197

Learn more details and RSVP by Friday, March 14, 2025



# Submit Your Student Abstracts for the 2025 DCMAND Annual Meeting!

Calling all undergraduate students, graduate students, and dietetic interns: The District of Columbia Metro Academy of Nutrition and Dietetics (DCMAND) invites

you to showcase your work at the **Student Poster Session** during our **2025 Annual Meeting on Friday, May 9, 2025.** 

#### **Abstract Submission Information**

- **Deadline**: March 21, 2025 by 11:59 p.m. (EST)
- Poster Categories:
  - 1. Research
  - 2. Case Study
  - 3. Project/Programs

Whether you've conducted original research, developed a compelling case study, or spearheaded an innovative project or program, we want to see the valuable contributions you're making to our field. Posters will be displayed at the Annual Meeting, offering an excellent opportunity to share your work and network with fellow students and professionals.

#### **How to Submit**

- Prepare your abstract following the 2025 DCMAND Poster Session Guidelines.
- Submit by March 21, 2025, 11:59 p.m. EST to be considered for review.

For questions about the submission process or poster requirements, please email us at <a href="mailto:student@eatrightdc.org">student@eatrightdc.org</a>. We look forward to reviewing your submissions and celebrating the achievements of our future nutrition leaders at the 2025 Annual Meeting!

## Member Ideas and Feedback

Do you have an idea for a new initiative or event led by DCMAND? Do you want to provide feedback on a recent event? Or do you want to learn more about ways to get involved? We want to ensure members are heard and engaged, so we'll do our best to consider your input and will follow up with you, if requested. Fill out this <u>brief form</u> to provide your ideas or feedback for the board. Thank you!

### **DC Metro Academy of Nutrition and Dietetics**

Director@eatrightdc.org

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