



DC Metro Academy of Nutrition and Dietetics

eat right. an affiliate of the
Academy of Nutrition and Dietetics

DCMAND Service Day - March 1, 2025



VOLUNTEER OPPORTUNITY

You're invited to join DCMAND for
a service day at Food & Friends!

March 1, 2025
9:00 AM - 12:00 PM

Food & Friends
219 Riggs Rd NE
Washington, DC 20011



RSVP by February 21, 2025
at events@eatrightdc.org

Consider joining DCMAND for our service-oriented March Member Event. We will work together to prepare and package medically tailored meals in the Food & Friends kitchen for clients across the city.

We will meet at Food & Friends (219 Riggs Rd NE Washington, DC 20011) on Saturday, March 1, 2025, at 9 a.m. and volunteer until 12 p.m.

RSVP by February 21st at events@eatrightdc.org. The event is limited to the first 8 registrants. Once we have reached capacity, members who sign up after will be waitlisted.

The graphic features a yellow background with a white speech bubble shape. At the top right, the DCMAND logo is displayed in green and blue, with the text "DC Metro Academy of Nutrition and Dietetics" and "an affiliate of the eat right. Academy of Nutrition and Dietetics" below it. A dark blue horizontal band contains the text "2025-26 JOIN THE BOARD" in white. Inside the white speech bubble, four phrases are written in a brown, handwritten font: "CONNECT WITH AREA DIETITIANS", "DEVELOP LEADERSHIP SKILLS", "IMPACT THE PROFESSION", and "COLLABORATE". At the bottom, another dark blue band contains the text "QUESTIONS?" followed by a globe icon and the URL "HTTPS://EATRIGHTDC.ORG/GET-INVOLVED/", and an envelope icon followed by the email address "NOMINATING@EATRIGHTDC.ORG".

Looking to develop new skill sets, develop leadership skills, and make a lasting impact on the profession? Join DCMAND! 2025-2026 elections are approaching, and the DCMAND Nominating Committee is seeking candidates for positions on the Board of Directors. No extensive experience is required, just enthusiasm and commitment to the profession. You'll receive guidance and support from fellow members. **Learn more at the virtual "Meet the Board" on Wednesday, March 5th at 7pm** (please note we moved this for better attendance).

DCMAND AWARDS!

Deadline: March 13th, 2025

Ann Litt Graduate Student Award
Cindy Reeser Undergraduate DPD/ Intern Award
Emerging Dietetic Leader Award
Outstanding Dietetics Students Award
Outstanding Dietitian of the Year Award
Outstanding Preceptor of the Year Award
Recognized Dietetic Technician of the Year Award
Recognized Young Dietitian of the Year Award

<https://eatrightdc.org/awards/>

Questions?
nominating@eatrightdc.org

Apply Today!

DCMAND
DC Metro Academy of Nutrition and Dietetics
a division of the
eat right Academy of Nutrition and Dietetics

Each year DCMAND recognizes many esteemed members through our awards program. Members can either nominate themselves or someone else to receive an award. Detailed information for each award is available [here](#). Nominations for DCMAND awards are open now through Thursday, March 13th! If you have any questions about awards, please email nominating_2@eatrightdc.org

Mid-Atlantic Grain Fair Event

Members are invited to join us to attend the Mid-Atlantic Grain Fair on Sunday, March 16th, at Wheatland Spring Farm + Brewery. This free, family-friendly event will celebrate the region's vibrant history of local grain growing and processing.

There will be a vendor market, live music, and another great lineup of free cooking classes and tours. This event will be a great opportunity for building community and networking among DCMAND members as well as learning more about how you can support the local grain economy in your work and make pertinent recommendations to your patients and clients. The fair is organized by past DCMAND sponsor Common Grain Alliance, which supports farmers, millers, bakers, and grain artisans in building a more integrated, equitable, and regenerative grain economy in the Mid-Atlantic region.

Sunday, March 16, 2025

11:00 - 4:00 PM (Note: Precise meeting and time to be determine based on attendees' interest)

Wheatland Spring Farm + Brewery

38506 John Wolford Rd

Waterford, VA 20197

[Learn more details and RSVP](#) by Friday, March 14, 2025

CALLING FOR

ABSTRACTS

**DEADLINE FOR THE DCMAND
POSTER SESSION ABSTRACT
SUBMISSION IS MARCH 21ST**

Accepted categories include:

- Research
- Project/Program
- Case Study



**Selected abstracts will present at
the 2025 Annual Conference!**



Submit Your Student Abstracts for the 2025 DCMAND Annual Meeting!

Calling all undergraduate students, graduate students, and dietetic interns: The District of Columbia Metro Academy of Nutrition and Dietetics (DCMAND) invites

you to showcase your work at the **Student Poster Session** during our **2025 Annual Meeting on Friday, May 9, 2025**.

Abstract Submission Information

- **Deadline:** March 21, 2025 by 11:59 p.m. (EST)
- **Poster Categories:**
 1. Research
 2. Case Study
 3. Project/Programs

Whether you've conducted original research, developed a compelling case study, or spearheaded an innovative project or program, we want to see the valuable contributions you're making to our field. Posters will be displayed at the Annual Meeting, offering an excellent opportunity to share your work and network with fellow students and professionals.

How to Submit

- Prepare your abstract following the 2025 DCMAND Poster Session Guidelines.
- Submit by **March 21, 2025, 11:59 p.m. EST** to be considered for review.

For questions about the submission process or poster requirements, please email us at student@eatrightdc.org. We look forward to reviewing your submissions and celebrating the achievements of our future nutrition leaders at the 2025 Annual Meeting!

Member Ideas and Feedback

Do you have an idea for a new initiative or event led by DCMAND? Do you want to provide feedback on a recent event? Or do you want to learn more about ways to get involved? We want to ensure members are heard and engaged, so we'll do our best to consider your input and will follow up with you, if requested. Fill out this [brief form](#) to provide your ideas or feedback for the board. Thank you!

DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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