



DC Metro Academy of Nutrition and Dietetics

eat right. an affiliate of the
Academy of Nutrition and Dietetics

Advocating for the MNT Act: How You Can Help Expand MNT Coverage

The Academy is hosting a webinar on the reintroduction of the MNT Act today, December 18, at 2 PM EST. Learn more and register [here](#).

Save the Date - Free Webinar!
January 21, 2026 | 12:00 PM – 1:00 PM



SAVE THE DATE

FREE Gut Health Webinar

Join DCMAND and Yakult for a free webinar featuring Abriana Cain, MS, RD, LD, to explore the roles of probiotics, prebiotics, and postbiotics in health.

Wednesday, January 21, 2026

12:00 PM - 1:00 PM

1 CEU pending CDR approval.

Join Abriana Cain, MS, RD, LD, outpatient pediatric dietitian at Children's National Hospital specializing in gastroenterology, for an engaging session exploring the science and practical applications of probiotics, prebiotics, and postbiotics in human health. Abriana will highlight natural dietary sources—particularly fermented dairy products like yogurt—and share evidence-based recommendations for incorporating these foods into daily practice. Yakult, a global leader in probiotic-fermented dairy beverages, is proud to support this educational session highlighting the role of beneficial bacteria in health. Attendees will receive one CEU (pending CDR approval). Register at the link below!

[Register Here!](#)

Distillery Tour & Networking Hour - January 25, 2026



Join us at our next member event on Sunday, January 25, 2026 at Chacho Bar & Distillery (6031 Kansas Ave NW Washington, DC 20011) from 3-5 PM! This event features an educational tour of the distillery at Chacho and tasting followed by a Networking Hour. Members will have the opportunity to network, hear about DCMAND awards available for members, and learn about open positions on the Board.

DCMAND will also provide documentation that can be used when submitting for CPEU in your Professional Development Portfolio for 1/2 hour / 1/2 CEU of Activity type-141 Experiential Learning Activities. Note that the event does not have pre-approval.

RSVP [here](#) by January 23, 2026.

Hope to see you there!

-Nominating Committee & Events/Membership Committee

Have an idea for an event? We would love to hear from you! Share your ideas to events@eatrightdc.org.

Public Policy Updates and Action Alerts

Don't forget to use the [Academy's Action Center](#) to easily contact your members of Congress about nutrition policy initiatives! This tool takes very little time but can make a big impact.

Currently, there are action alerts on matters including:

- The protection of financial aid for those pursuing a career in dietetics
- Expanding MNT coverage through Medicare Part B
- Supporting the Medically Tailored Home-Delivered Meals

Demonstration Pilot Act and more!

Visit [here](#) to learn more.

The [DC Food Policy Council](#) had their latest meeting on December 3rd, where they summarized goals met in the last year and priorities for the next. If you missed it, you can access the recording and slides [here](#).



The DCMAND Nominating Committee is seeking members who are interested in learning more about open positions for the 2026-2027 Board of Directors (BoD) elections and invite you to [complete our interest form](#)! BoD service helps develop new skill sets, grows your professional network, and allows you to contribute to the conversations of DC area dietetic professionals.

Please contact nominating@eatright.org with any questions.

**Meet the Board Event -
February 24, 2026**

Meet the Board

February 24, 2026

6:30 - 7:30 PM
Zoom

Decline

Accept

Join us for an interactive virtual meeting on February 24, 2026 from 6:30-7:30 pm designed to help members better understand our upcoming elections and the important role our board plays in guiding our organization. Whether you're considering running for a position or simply want to be more informed, this session is a great opportunity to connect and learn.

During the event, you will:

- **Get an overview of the election process**, including key dates, eligibility, and how to participate.
- **Hear directly from current board members** about their experiences, responsibilities, and what it's like to serve.
- **Ask questions in an open Q&A**, giving you the chance to learn more about leadership opportunities and how the board supports our mission.

We invite all members to attend, engage, and take an active role in shaping the future of our organization.

Register in advance for this meeting, [here](#).

We look forward to seeing you there!

Nominate a Colleague or Yourself for the 2026 DCMAND Awards!



Submit Nominations for DCMAND Awards!

Deadline February 18, 2026

Ann Litt Graduate Student Award

Cindy Reeser Undergraduate DPD/Dietetic Intern Award

Emerging Dietetic Leader

Outstanding Dietetics Student Awards

Recognized Young Dietitian of the Year

Outstanding Dietitian of the Year

Outstanding Preceptor of the Year

Recognized Dietetic Technician of the Year



Questions? Email nominating@eatrightdc.org

Do you know an outstanding dietitian, student, or preceptor making a difference in our field? Let DCMAND help you recognize and celebrate their contributions! For more information, visit our [website](https://www.eatrightdc.org) or email: nominating2@eatrightdc.org.



Calling All Future Nutrition Leaders!

Serve as a Student Liaison with the DC Metropolitan Academy of Nutrition and Dietetics. We're looking for motivated students to join our Board of Directors as Student Liaisons!

- Act as an ambassador for your college or university
- Be the voice of students on the Board of Directors
- Share student concerns, ideas, and feedback
- Advocate for initiatives that enhance student engagement
- Relay important updates and opportunities back to your peers
- Must be a student member of the Academy of Nutrition and Dietetics



DCMAND
DC Metro Academy of Nutrition and Dietetics

SAVE THE DATE



DC Metro Academy of Nutrition and Dietetics

2026 ANNUAL CONFERENCE

FRIDAY, APRIL 17, 2026

THE TRUE REFORMER BUILDING
1200 U STREET NW
WASHINGTON, DC 20009

More information coming soon to the [website](#).

Call for Abstracts: DCMAND 2026 Student Poster Session

DCMAND invites undergraduate and graduate students, as well as dietetic interns, to submit abstracts for the 2026 Student Poster Session at the Annual Meeting on April 17, 2026. Submissions are welcome in three categories—

Research, Case Study, and Projects/Programs—and are due by February 15, 2026, at 11:59 PM EST. All listed poster authors will receive free meeting registration. This is a great opportunity for emerging professionals to showcase their work, gain visibility, and share ideas with peers and leaders in the field. For questions, contact education_2@eatrightdc.org. We look forward to your submissions!

Member Ideas and Feedback

Do you have an idea for a new initiative or event led by DCMAND? Do you want to provide feedback on a recent event? Or do you want to learn more about ways to get involved? We want to ensure members are heard and engaged, so we'll do our best to consider your input and will follow up with you, if requested. Fill out [this brief form](#) to provide your ideas or feedback for the board. Thank you!

DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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