



DC Metro Academy of Nutrition and Dietetics

 an affiliate of the
Academy of Nutrition and Dietetics

Last Call: Join the DCMAND Board of Directors!

Want to get more involved with DCMAND? We still have a few spots open on the 2025–2026 Board! It's a great way to build leadership skills, connect with fellow nutrition professionals, and make an impact in our local community.

Open roles include:

- **Secretary** – Take meeting minutes and help keep us organized. Low time commitment, steady throughout the year.
- **Nominating Committee Member** – Help shape the future of DCMAND by identifying and encouraging new board members.
- **Member Events/Relations Chair** – Plan fun, engaging events that bring members together and strengthen our community.
- **Professional Development Committee (2nd Seat)** – Collaborate with a small team to create meaningful learning opportunities for members.
- **Student Representative** - Be the voice for dietetics students/interns, help plan events, and connect with future RDs—while building your resume and network!

Submit your nomination by Monday, April 21st

Nominate yourself or a colleague [here](#)

Questions? Email us at nominating@eatrightdc.org

We'd love to have you on the team!

2025
DCMAND
DC Metro Academy of Nutrition and Dietetics
ANNUAL MEETING

REGISTRATION

GEORGE MASON UNIVERSITY
5 CEUS
6 SPEAKERS

8:45 AM
09 MAY 2025

eatrightdc.org

The graphic is a large green circle with a white outline, set against a light beige background with blue geometric shapes in the corners. It contains text and icons for a 2025 annual meeting registration. The text includes the year '2025', the acronym 'DCMAND' with a silhouette of a building, the full name 'DC Metro Academy of Nutrition and Dietetics', and 'ANNUAL MEETING'. A white rounded rectangle contains the word 'REGISTRATION'. Below this, 'GEORGE MASON UNIVERSITY' is written in large letters, with '5 CEUS' and '6 SPEAKERS' underneath. To the right, a calendar icon is shown above the date '09 MAY 2025' and the time '8:45 AM'. At the bottom, an arrow points to the website 'eatrightdc.org'.

Please join us in Van Metre Hall at George Mason University for the DCMAND Annual Conference on Friday, May 9th 2025. This is the best opportunity of the year to meet and connect with your fellow nutrition professionals and learn more about topics impacting the Washington, DC area, including food security, childhood nutrition, and federal nutrition research. We will also have Academy updates from the national Academy President, and opportunities to view student research at our poster sessions. Breakfast and lunch will of course be provided, and the conference will be followed by a member social event at nearby Northside Social.

Register Here!

Annual Meeting Website

Interested in exhibiting at the conference? Please see the DCMAND [Sponsorship Prospectus](#).

Submit Your Student Abstracts for the 2025 DCMAND Annual Meeting!

Calling all undergraduate students, graduate students, and dietetic interns: The District of Columbia Metro Academy of Nutrition and Dietetics (DCMAND) invites you to showcase your work at the **Student Poster Session** during our **2025 Annual Meeting on Friday, May 9, 2025**.

Abstract Submission Information

- **Deadline: April 17, 2025 by 11:59 p.m. (EST)**
- **Poster Categories:**
 1. Research
 2. Case Study
 3. Project/Programs

Whether you've conducted original research, developed a compelling case study, or spearheaded an innovative project or program, we want to see the valuable contributions you're making to our field. Posters will be displayed at the Annual Meeting, offering an excellent opportunity to share your work and network with fellow students and professionals.

How to Submit

- Prepare your abstract following the 2025 DCMAND Poster Session Guidelines.
- Submit by **April 17, 2025, 11:59 p.m. EST** to be considered for review to the email below.

For questions about the submission process or poster requirements, please email us at student@eatrightdc.org. We look forward to reviewing your submissions and celebrating the achievements of our future nutrition leaders at the 2025 Annual Meeting!



Annual Meeting Social Hour

May 9, 2025

5:00 - 7:00 PM



The Board Room
925 N Garfield St,
Arlington, VA 22201

RSVP By:
May 7, 2025



RSVP at <https://forms.gle/nJGAzyAk8AtJaxzF6>

You're invited to join DCMAND for a social hour at The Board Room following the Annual Meeting! Connect with Dietitians and expand your professional network.

All members are welcome - feel free to attend the entire event or stop by for a few minutes and say hi.

Event Address: The Board Room (925 N. Garfield Street Arlington, VA 22201)

Event Date: Friday, May 9, 2025

Event Time: 5:00 PM - 7:00 PM

Point of Contact: Jenny Coutts at events@eatrightdc.org

DCMAND will provide appetizers and a complimentary drink ticket for the first 15 registrants! For more information and to [RSVP](#)



In March, DCMAND held a powerful member event at The Admiral in Dupont Circle. We co-hosted this event with two local dietitians, “Chef Jess” Swift Harrell, MSC, RDN, IFNCP, and Wintana Kiros, RDN, LDN. They shared about their experiences collaborating with a major publisher to develop a cookbook.

It was valuable to hear their thoughts on the importance of building good professional relationships, staying true to your values, and advocating for evidence-based nutrition. Members also got to mingle while enjoying tasty food and drinks!

Have an idea for an event? We would love to hear from you! Share your ideas to events@eatrightdc.org.

Member Ideas and Feedback

Do you have an idea for a new initiative or event led by DCMAND?

Do you want to provide feedback on a recent event?

Or do you want to learn more about ways to get involved?

We want to ensure members are heard and engaged, so we'll do our best to consider your input and will follow up with you, if requested.

Fill out this brief [form](#) to provide your ideas or feedback for the board. Thank you!

DC Metro Academy of Nutrition and Dietetics

Director@eatrightdc.org

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