

**DCMAND & MAND Joint Annual Conference April 17, 2023  
Silver Spring, MD**

***Emerging Trends in Nutrition***

7:30am	Check-in/Registration Opens – 4 <sup>th</sup> Floor	
	<b>Track 1 – Cypress Ballroom</b>	<b>Track 2 – Magnolia Ballroom</b>
8:00 - 9:00am	MAND Business Meeting	DCMAND Business Meeting
	<b>Cypress Ballroom</b>	
9:00-9:10am	Welcome from DCMAND and MAND Presidents Jared Meacham and Ashley Lewis	
9:10-10:10am	Eat the Change – the struggle to advance planet-friendly diets <i>Seth Goldman, Co-Founder and CEO, Eat the Change   Co-Founder, PLNT Burger   Chair of the Board, Beyond Meat</i>	
10:10-10:30am	Exhibit Break and Poster Viewing - <b>Elm Room</b>	
	<b>Track 1 – Cypress Ballroom</b>	<b>Track 2 – Magnolia Ballroom</b>
10:30-11:30am	A Prescription for Produce: Food Is Medicine as a Framework for Treatment of Chronic Disease and Advancement of the Practice of Dietetics <i>Brandy Leno and Matt Walker</i>	Improving Dietary Diversity with Meatless March <i>Matthew Bond</i>
11:30-11:55am	Exhibit Break and Poster Viewing - <b>Elm Room</b>	
11:55am-1:00pm	Lunch Break - <b>Cypress Ballroom</b>	
	<b>Track 1 – Cypress Ballroom</b>	<b>Track 2 – Magnolia Ballroom</b>
1:00-2:00pm	Food for Thought—Nutritional Psychiatry: The Future of Mental Health Treatment <i>Chelsea Halsman, RD, LDN</i>	Potty Talk: How Dietitians Can Mediate the Relationship Between Food and Bathroom Habits Emily Arkin, MS, RD, LD
2:00-2:30pm	Exhibit Break and Poster Viewing - <b>Elm Room</b>	
	<b>Track 1 – Cypress Ballroom</b>	<b>Track 2 – Magnolia Ballroom</b>
2:30-3:30pm	Cannabis Conversations and Considerations: A Guide for Dietitians <i>Faye Berger Mitchell</i>	Rethinking Our Food Myths <i>Chris Hoffman</i>
3:30-3:45pm	Exhibit Break and Poster Viewing - <b>Elm Room</b>	
	<b>Cypress Ballroom</b>	
3:45-4:45pm	Self-Publishing on Amazon: Reaching an Untapped Audience <i>Liz Jalkiewicz, RDN, LDN</i>	
5:00pm	MAND Reception - <b>Magnolia Ballroom</b>	