

Contact a Local Nutrition Expert Today!

Julie Bendix, MPH, RD, LD, CLC

Email: julieannbendix@gmail.com

Phone: 847-269-6373

Specializing in: prenatal, infant, and family nutrition

Michele Ballard, RD

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Phone: 951-369-3297

Specializing in: maternal/child nutrition, diabetes, food safety, school nutrition

Rachael Lopez, MPH, RDN

Optimize Nutrition, LLC

Website: www.optimizenutrition.net

Phone: 202-247-7857

Specializing in: women's health, weight loss, pediatrics (picky eating, childhood overweight/obesity, food allergies), Celiac disease, gluten intolerance, nutrition for the aging population

Charmaine Jones, MS, RDN, LDN

CEO/Founder of Food Jonezi

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Website: www.foodjonezi.com

Email: charmaine@foodjonezi.com

Office: 202-749-8657

Fax: 202-749-8701

Specializing in: diabetes management, weight management, sports nutrition, general wellness, and food allergies and intolerances

Capitol Nutrition Group

Website: www.capitolnutritiongroup.com

Email: info@CapitolNutritionGroup.com

Phone: 240-670-5115

Specializing in: weight management, emotional eating, eating disorders, diabetes, digestive health, polycystic ovary syndrome (PCOS). Adults and children welcome.

Anne Mauney, MPH, RD

Website: www.AnnetheRD.com

Email: anne@fannetasticfood.com

@fANNEtasticfood on all social media

Specializing in: intuitive and mindful eating, weight loss/maintenance, positive body image, and nutrition for runners

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Rebecca Bitzer and Associates

REBEL Dietitians

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Phone: 301-474-2499

Specializing in: eating disorders, healthy weight loss, diabetes management, sports nutrition, food sensitivities, picky eating, heart health, and polycystic ovary syndrome (PCOS)

Mindy Block Feirman, RD, LD, LN

Street Address:

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Specializing in: behavior modification, cardiovascular disease, diabetes, disordered eating, gastrointestinal disorders, gestational diabetes, polycystic ovary syndrome (PCOS), pre- and postnatal nutrition, weight management, wellness, body fat analysis

Amanda Barnes, RDN

Giant Food

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Better Nutrition, Better You LLC

Franciel Dawes MS, RD, LD

Dietitian and Nutrition Educator

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Specializing in: nutrition services for the African-American and Diaspora community

Alexi Tetrault RD, LD

Satya Health

Website: www.satyahealth.org

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Specializing in: plant-based diets, weight management, eating disorders, GI disorders/allergies/food intolerances, and yoga therapy

Tricia Psota, PhD, RDN

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